

# JESUS MOVES

Jesus chose many different ways to show up, disrupt the Empire, set the oppressed free, and so forth. Let's call these "Jesus Moves."

With a close circle of friends, discern how Jesus might be calling you to act next. This practice is most powerful when you return to it regularly (daily in your morning reflection, weekly with your friends, etc.). Message @TylerSit if this makes a difference in your life!



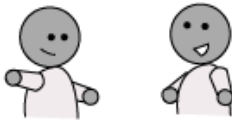
**PRAY, DEFER TO GOD**  
(Matt 6:9-15)



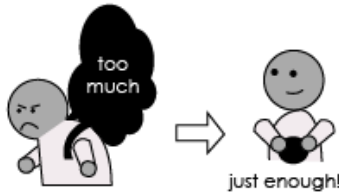
**DISRUPT PROBLEMATIC STUFF**  
(Mark 11:15-18)



**CELEBRATE**  
(Luke 14:12-14)



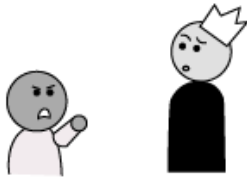
**RECRUIT + MENTOR**  
(John 1:43)



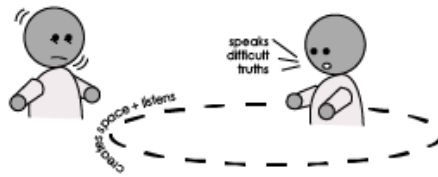
**SIMPLIFY**  
(Matt 19:21)



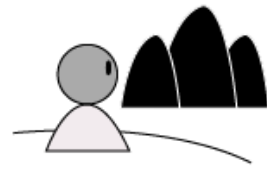
**PRIORITIZE**  
(Matt 6:33)



**CONFRONT  
HYPOCRISY AND CORRUPTION**  
(Matt 23:13-15)



**CENTER  
MARGINALIZED VOICES**  
(Matt 26:3)



**WITHDRAW + REST**  
(Matt 5:16)



**CARE FOR OTHERS**  
(Matt 5:21-43)



**PAUSE**  
(John 8:2-6)



**STUDY**  
(Luke 4:16-19)



**ENVISION GOD'S  
FUTURE WORLD**  
(Luke 13:18-21)



**HAVE HONEST  
CONVERSATIONS,  
FORGIVE, RECONCILE**  
(Matt 18:15-20)



**MARVEL**  
(Matt 6:26-27)



**GRIEVE**  
(John 11:35)



**PRACTICE  
GENEROSITY**  
(Matt 26:3)



**ADVOCATE FOR YOUR  
OWN NEEDS**  
(Luke 24:41)

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